



CERTIFICATE OF PARTICIPATION

This is to certify that

Sinalo Nongauza

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 04:33:53

PACE 06:30/km
OVERALL 257 of 834

GENDER 55 of 271
**SENIOR (20- 35 of 134
39)**



08 July 2023, Sat

Date

BoutTime

Signature

